



For Immediate Release

## **Go Racing In Yorkshire Announce Summer Festival Partnership With Matt Hampson Foundation**

Go Racing In Yorkshire is delighted to announce the Matt Hampson Foundation as the charity partner for the Summer Festival, sponsored by Sky Bet.

Based in Leicestershire, the Matt Hampson Foundation inspires and supports young people seriously injured through sport. Through expert physiotherapy, specialist personal training, wellbeing support, mentoring and advice, the Foundation helps people with life-changing injuries to get busy living again.

Charlotte Russell, General Manager of Go Racing In Yorkshire said,

“We wanted this year’s charitable element of the Summer Festival to support Graham Lee and after speaking with Graham and his family, they suggested the Matt Hampson Foundation as Graham has been spending time there, as part of his rehabilitation programme.”

Graham’s wife, Becky explained,

“Graham visits the Matt Hampson Foundation for a two-week block once a month. The physio he is receiving is incredible, they get everything out of him, the whole team are very special.”

“The charity is committed to Graham long-term and being charity partner at the Go Racing In Yorkshire Summer Festival is a great way to recognise them and give something back.”

Matt Hampson said: “It’s been a pleasure to be able to offer support to Graham and his family and the progress he’s making in his recovery is fantastic to witness.

“We’re thrilled to have been chosen as official charity partner this Summer as support like this is essential to the running of the Foundation and enables us to help more and more people who are recovering from life-changing injury.”

It is hoped that staff and beneficiaries will be able to attend some of the race meetings, which take place between Friday, July 19 and Saturday, July 27, but local volunteers are requested to conduct exit collections on behalf of the Matt Hampson Foundation. If you can spare some time at the end of a raceday, please email [Samantha.brown@goracing.co.uk](mailto:Samantha.brown@goracing.co.uk)

**Ends**

## Editor's Notes

### Go Racing In Yorkshire

The Summer Festival Dates are as follows;

Friday 19<sup>th</sup> July – Pontefract  
Saturday 20<sup>th</sup> July – Ripon  
Saturday 20<sup>th</sup> July – Doncaster Evening  
Sunday 21<sup>st</sup> July – Redcar  
Monday 22<sup>nd</sup> July – Beverley Evening  
Wednesday 24<sup>th</sup> July – Catterick  
Thursday 25<sup>th</sup> July – Doncaster  
Friday 26<sup>th</sup> July – Thirsk  
Friday 26<sup>th</sup> July – York Evening  
Saturday 27<sup>th</sup> July – York

For more information please contact Charlotte Russell, General Manager on 07305 932411 or email [charlotte.russell@goracing.co.uk](mailto:charlotte.russell@goracing.co.uk)

### Matt Hampson Foundation

The Matt Hampson Foundation inspires and supports young people seriously injured through sport. Through expert physiotherapy, specialist personal training, wellbeing support, mentoring and advice, the Foundation helps people with life-changing injuries to get busy living again.

The Get Busy Living Centre was opened in 2018 and is the brainchild of founder and ex-England and Leicester Tigers rugby player Matt Hampson, who himself experienced a life-changing injury in 2005 leaving him paralysed from the neck down, aged just 20.

By becoming part of the community that Matt has created, beneficiaries of the Foundation are able to draw on the experience and knowledge of people who have been on the same journey. They develop the tools and skills they need to move on as they start to rebuild their lives. The centre becomes a place where they can be part of a strong and active social scene as they retrain themselves to focus on what they can do - not what they can't.

Eventually beneficiaries progress to the point where they become the ones providing the support to others. This in itself is a huge part of their rehabilitation and being able to help others provides a real sense of purpose and identity.

The Foundation helps people get busy living again after a life-changing injury - whether it's helping them get back into sport or supporting them in adapting to their new life.

For more information please contact Gary Sherrard, Comms & PR, [gary@hambo.co.uk](mailto:gary@hambo.co.uk), 01664 454155 or 07894 783345.